



Wiggins
School District RE-50J
*Positively Impacting Every Student,
Every Day*

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October 22, 2018

Dear Parents,

On October 29, 2018, Wiggins Middle School and Wiggins High School will be hosting an assembly presented by Banner Health in connection with Kelly Paris and Shalee Howton on suicide prevention and mental health in teens. Banner Health has been working with Yellow Ribbon, which is a national suicide prevention program. The message of the program will be "It's ok to not be ok but to find sources of strength within your family, friends, school and community."

Colorado ranks 9th in the nation for teen suicide. Suicide has become the second leading cause of death for teens 10-14 years old in Colorado. It is important for us to give our students resources on what to do for themselves, their friends and classmates if or when they encounter something like this. The more we can empower our students with information the better prepared it makes them.

We also would like to have a parent workshop on suicide prevention and more information will be provided when those details are finalized.

If you **DO NOT** want your student to participate in the assembly we will have another option available for them during the time of the assembly.

Sincerely,

Mike Book
Principal

Opt-out form

_____ I DO NOT want my student to participate in the assembly. Please allow them to go to the alternative activity.

Parent Signature _____